

ATHLETIC AND FITNESS COMMITTEE MINUTES, JANUARY 12, 2016

In Attendance: Mike Galbreath, Don Beaver, Marie Morrell, Russell Lafayette, Jean Kiser, Gary Kiser, Jeanice Monastesse, Jay Davis, Jim Robak

The meeting was called to order at 1:30 p.m. by Chairperson Mike

Galbreath. OLD BUSINESS

-There was a lengthy discussion about the LRP Committee, its report and the events at the last Board of Governors meeting. As a result, the committee unanimously adopted the following motion:

The Athletic and Fitness Committee feels that the LRP Committee should continue to move forward so there are no delays which might affect the betterment of the Club.

Chairperson Galbreath will convey this motion to the Board of Governors at the next meeting.

-The committee reviewed the Board of Governors recommended 2016 Capital Expenditure Recommendations. Among our committee recommendations on the list are: Portable sound system, drinking fountain near tennis and pickleball courts, pickleball machine and roof over pickleball pergola.

BOARD OF GOVERNORS MEETING

-Mike Galbreath and Don Beaver reported on the December Board of Governors meeting. In addition to the LRP discussion, they noted that there is a new Ambassador Committee Chairperson, Geoff Lagary. It was also noted that PLAC is unveiling a new website which will be a significant improvement. It will have more information and be more user friendly. The homeowners website also continues to evolve. Of note is the Neighbor to Neighbor Recommendation page. The PLCA is also reviewing the Exterior Light Policy. The Greens Committee reported on bunker repairs, hoping to move it to the beginning of the year. In addition, reports on bridge work, and concrete approaches to the fairways. Cart replacement will be with electric carts.

GENERAL MANAGERS UPDATE

Greg was on a conference call with APM and was unable to attend. Mike Galbreath was able to meet with him after the meeting and obtain a sample of the type of information that the club will begin to solicit next week. This information was forwarded to all members of our committee.

FRONT DESK

Marie Morrell reported in place of Joleen that Terri Sawyer is a new front desk worker on Monday evenings and Friday and Saturday mornings. Those who prepaid their yearly Athletic Club dues have been electronically credited with their guest passes. Food and Beverage vouchers for those who prepaid are available for pick up beginning January 15.

ATHLETIC CENTER

Marie Morrell announced that the Club will soon be tracking specific usage of Athletic Club facilities by using you as you enter what you plan to use. Your cooperation is needed so we can accurately determine usage and what is needed in the future.

She expressed concern that the Juniors Program lacked participation last year and the committee discussed possible remedies.

Marie is bringing in an Adaptive Motion Trainer machine for demonstration beginning January 18.

Deborah Ogden is the new Massage Therapist.

Marie also highlighted the many upcoming and ongoing events in aerobic classes, seminars, hikes, and educational workshops. She also announced the proposed formation of a Yoga Club.

NEW BUSINESS

-The subject of trying to get members to join our committee was discussed and some efforts are underway in that regard

-There is a very bright glare that comes into the indoor pool in the mornings making it difficult for some of the water aerobics classes. Some potential solutions were proposed. Marie will follow up.

Meeting Adjourned at 2:50p.m.

Next meeting is March 8. 1:30 p.m. in the Falls Room