

Feng Shuí... Finding Peace In A Stressful World

Presented by Michele F. Bielski, LMT

Finding Peace in a Stressful World with Feng Shui.

Learn the basics of Feng Shui. This ancient art/science is about the energy in a space and its effects on the inhabitants. Attendees will learn: the five-element theory of Chinese Medicine; how the elements relate to each other and how to balance them; how to create a floor plan; and, finally, how to use specific colors, shapes, and visualization techniques to bring peace and prosperity into one's life. Attendees will also learn Feng Shui suggestions for proper flow of energy, and room-by-room tips throughout the space.

Thursday, October 16th – 6 pm

Prescott Lakes Club House

Sign up in the Athletic Club or call 443-3505

This is a free seminar

