March 20th, 2013

# <u>NEWS</u>

# News from the Front Desk

For those who had prepaid their 2013 dues, your restaurant vouchers and guest passes are available for pick up at the front desk.

Warmly, The Front Desk Staff

# **EVENTS**

# Wine Tasting!

Come out to taste some exceptional wines brought to you by several different Vendors. Bottles will be available for purchase after the event! Enjoy light Hor's D'oeuvres brought you by your culinary team. Remember to save the Date and to make reservations in the Grille. March 28<sup>th</sup>, 2013 (928) 443-3523

# **Second Annual Spring Expo!**

The Spring Expo is coming up and make sure to mark it down on your calendars! The Clubs within the Club are look to showcase what they are all about and what they do. It's a great time to see what going on within your Club. Come out and Enjoy cocktail specials and see what each club will raffle off! **April 7th, 2013 from 12:00 - 4:00pm** 

# **Easter Sunday Brunch!**

March is here! Remember to save the date for our Easter Sunday Brunch, come enjoy some fun here at the Clubhouse and remember to bring the whole family! Easter Egg Hunt! March 31st, 2013 (928) 443-3523

# EASTER SUNDAY BRUNCH MENU

- Soup: Old Fashion Chicken Noodle
- An array of Fresh Seasonal Fruit
- Imported and Domestic Cheese Display/w Crackers
  - Our House Smoked Peppered Salmon
- Orzo Salad with Roasted Asparagus and Wild Mushrooms
  - Mixed Field Green with assorted Dressings
    - Oriental Mandarin Chicken Salad

- Pasta Station: Spicy Shrimp tossed with Angel Hair Pasta and Cajun Cream
  - Build your own Omelet Station
  - Carved Prime Rib of Beef Au jus and Horsey Sauce
- Carved Virginia Ham accented with a Sweet and Savory Champagne Glaze
  - Baked Icelandic Cod Fish laced with a Citrus Beurre Blanc
  - Roast Leg Lamb bathed in Natural Juice with Mint Jelly
  - Stuffed French Toast with Strawberry Topping and Whipped Cream
    - Scrambled Eggs Denver Style
    - Apple Smoked Bacon and Sausage links
      - Home Fried Potatoes
      - Garden fresh Vegetables

Includes N/A Beverage \$ 25.00 (32.25 with service charge and tax) Reservations Requested

# **ATHLETIC CLUB**

#### **Hours of Operation**

Monday - Saturdays 6am - 8pm and Sundays 8am - 4pm.

# A Message from the Athletic Director

It's been great to see so many of you taking advantage of the beautiful spring weather we are having. I've observed many members out walking with friends or their dog, enjoying a game of tennis or pickleball, having fun at the park with the little ones, or out on the course enjoying a game of golf. If you still have not begun working on your New Year's resolution to improve your health, it's not too late to start a regular program of fitness and healthy eating. The fitness professionals at the Athletic Club; instructors and trainers have the skills and experience to help you achieve your goals. Why not start today getting your whole body ready for summer. Working *one on one* with a trainer is an excellent way to get individualized support or if you prefer a group setting we have a great selection of classes. Our April schedule will be available soon and will be featuring some new classes. Tai Chi will be back on Monday, April 1<sup>st</sup> at 3pm.

Be sure to stop in and check out the bulletin boards for all our on-going and upcoming wellness and fitness opportunities.

*It's not too late to join our March hike!* Thursday, March 21<sup>st.</sup> at 1pm. We will be hiking the Salida Gulch Trail #95. Please arrive at the trail head parking area by 12:45 PM. Printed directions to the trail

head are available at the Athletic Club Director's Desk along with a reminder note. This is a really beautiful and secluded trail. It is approximately 4.5 miles long. It's a lengthy hike but not too difficult, only slight elevation changes. A detailed flyer is posted at the club. Sign up for this hike at the Athletic Directors Desk. You may come in or if you prefer call the Marie at 443-3505 to sign up. Contact me if you would like more information.

*The Whiskey Row Training Walks with Joy* scheduled for Wednesdays at 2pm have been cancelled due to lack of participation.

Have a great week and when you're at the club stop by the Athletic Desk to share your thoughts or comments. I genuinely want to make your workout experience a positive one. Have a joyful week.

Your membership is appreciated.

Marie Morrell Athletic Director The Club at Prescott Lakes

# Aerobics (Land and Pool) News

We offer 35 classes Monday through Saturday. Evening classes are available Monday through Thursday. The pool and aerobics schedules along with a complete list of classes, times, and class descriptions are available at the club, on the web calendar, and posted on the web site. You can also find information about our Trainers and Instructor on the web. Go to <a href="http://www.prescottlakesgolf.com/">www.prescottlakesgolf.com/</a>>. Check it out.

# **Did You Know?**

We have several informational handouts available at the Athletic Directors desk. Feel free to take one home

# **Lost and Found**

There are several new items in the Lost and Found bin located in the AC room closet at the Athletic Club. If you have lost an item please be sure to stop in. Items not retrieved will be donated at the end of this month.

# **CLUBHOUSE**

For Reservations at The Grille please call 928-443-3523

#### **Hours of Operation**

The Clubhouse will be open for lunch and dinner Tuesday through Saturday. Sundays and Mondays will only have lunch service.

#### **SMALL PLATES GRILLE MENU**

Tuesday - Saturday 11am – 5pm

#### **DINNER MENU**

Tuesday – Thursday 5pm – 8pm Friday and Saturday 5pm – 9pm

#### LUNCH MENU

Monday, Friday and Saturday 11am - 4pm Tuesday, Wednesday, Thursday and Sunday 11am – 3pm

#### <u>BAR</u>

Sunday - Monday 11am – 6pm Tuesday - Thursday 11am – 8pm Friday and Saturday 11am – 9pm

Hours are subject to change. Group seating will be provided for special activities and special events.

#### Happy Hour! From 4pm -6pm, Drink Specials

### Weekly Specials!

Two for Tuesdays!

Come out and try our new 2 for \$25 Three Course Dinners. Enjoy Soup or Salad followed by your Entrée, and finish out with a light dessert!

#### Menu

All Entrees are served with Soup or Salad, appropriate Starch,

Garden Vegetables, Dinner Roll and Butter, and a Light Dessert.

#### Choice of 1 Entrée per Member:

Spicy Szechuan Stir fry with Grilled Chicken Breast Poached Salmon with a Cucumber Dill Cream Fresh Andouille Sausage and Fettuccini with Marinara Petite Top Sirloin Marsala Bone-in Center Cut Pork Chop with a Homemade Apple Chutney

Finish off with a Light Dessert!

#### Pasta Wednesdays!

Dinner Feature: Pasta Night **\$11.95** Create your own Pasta Special by stepping up the cook and choosing your ingredients. **One Child (under 12) eats Free per One Paying Adult.** 

#### **Mexican Fiesta Thursdays!**

Come try out our new Fiesta Night! Starting this Thursday we will feature 3 traditional Mexican combo plates for your enjoyment. **FULL MENU IS AVAILABLE** 

#1 Shredded Beef Chimichanga Spanish Rice, Re-Fried Beans, Guacamole and Sour Cream \$ 10.95 Add \$1.00 for Enchilada Style

#2 One Chile Rellano, One Shredded Beef Enchilada, One Cheese Enchilada, Spanish Rice and Re-Fried Beans \$ 11.95

#3 One Shredded Chicken or Shredded Beef Taco, One Cheese Enchilada, One Beef Tamale Spanish Rice and Re-Fried Beans \$10.95

**<u>Fish Fry Fridays!</u>** Tender Icelandic Cod served the traditional battered and fried, or baked **ALL YOU CAN EAT FISH FRY FRIDAYS - \$11.95! FULL MENU IS AVAILABLE.** 

#### Prime Rib Saturdays!

Saturday due to popular request Prime Rib Night has moved to Saturday. The tastiest Prime Rib in town has just become convenient. Au jus, horse radish sauce, soup or salad, starch and garden vegetables. 8 oz. cut \$16.95 Idoz. cut \$26.95 FULL MENU IS AVAILABLE.

# **CLUBS**

# **Line Dancing Club**

Come share some fun and laughs, while getting a workout. The Prescott Lakes Line Dancers meet every Wednesday in the fitness room. From 10:15 AM until 11:00 AM we work on basic steps and dances. From 11:00 until noon we work on more advanced dances. We dance to country as well as a variety of other genres. Contact Elaine Armack for more information. <u>emarmack@msn.com</u> or 928-771-0456

# **Pickle Ball Club**

The Prescott Lakes Pickle Ball Club is offering beginner classes every Tuesday from 10:00AM – 11:00AM. All members are welcome. This is a great opportunity for those of you who are curious about the game, to give it a try. The only way to become an intermediate or advanced player is to start as a beginner. We would love to help you improve your game and increase our club membership. Any questions, please contact Jay Davis at 499-0497 or Jeannice Monastesse at 830-1357. You can also visit our website at https://sites.google.com/a/cableone.net/plpickleball/welcome.

# **Photography Club**

The Prescott Lakes Photography Club will begin the New Year Friday, January 11, at 2 p.m. in the Athletic Center. Anyone interested in the exciting realm of photography is welcome. For this first meeting we will be discussing the different approaches to composition. This session is designed for anyone who wants to improve their photos, and is geared for a point and shoot, or SLR cameras. Come and join us.

For further information call Claudia Atherton at 714-319-1434

# **Games Club**

The Club at Prescott Lakes is hosting a game club for your enjoyment. This group is looking for new members and they are playing several games including Dominoes, Bunco, and Mexican Train. They will meet the 4<sup>th</sup> Thursday of the Month in the Function Rooms from 1 - 4. If interested please contact Karen Grubb at <u>lkgrubb8242@gmail.com</u> or (928)778.9703

# **Singles Club**

Are you single and looking to get out and have fun? Do you enjoy socializing with other people who like to have fun? Well the Prescott Lakes Singles Group might be the place to start! This group meets several times a month to go out and enjoy the town by dining at different restaurants, meeting for drinks, going out for movies, and getting together for a pot luck! If Interested please contact Ellen MacDonald at <u>emac1492@live.com</u> or Marie Donelson at <u>kmdonelson@yahoo.com</u>. Come Visit this group at the Club Expo!

For more information about The Club at Prescott Lakes visit www.prescottlakesgolf.com

We are also on Facebook

http://www.facebook.com/pages/The-Club-at-Prescott-Lakes/127589150651654

For more information about events at the club visit the Club Calendar www.calendarwiz.com/prescottlakescalendar

# THANKS FOR BEING A MEMBER

Please do not respond directly to this eblast, as we will not be able to respond to your requests here.
You may reach the following Department Heads through our Front Desk: Greg Paydock, General Manager; Mishael Wells; Membership Director, Marie Morrell; Athletic Director, Dean Herbert, Executive Chef; Mike Joyal, Food and Beverage Director; John Gunby, Head Golf Professional; Brian Wilhelm, Interim Course Superintendant; Thea Jaime, Accounting; Joleen Metzler, Front Desk; Mishael Wells, Membership Director; Andrew Houchins, Member Relations, Website, and Communications.