

THE CLUB AT PRESCOTT LAKES *2015 SEMINAR SERIES*



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| Tuesday, January 20 th - 6pm | <u>JANUARY</u> Bowen and Aroma Therapy | Julie Dalton <i>Well bridge Health Center</i> |
| Thurs., January 29 th – 6pm | Dental Health – Options for Replacing Missing Teeth; Implant Focus | Dr. Jason Campbell, DDS <i>Advanced Prosthetics Institute</i> |
| Wed., February 4 th – 6 pm | <u>FEBRUARY</u> Nutrition and Wellness | Andee Evans, CFP, LMT, MSC |
| Tues., February 17 th – 6pm | My Aching Back | Dr. David Lloyd, MD <i>Prescott Radiologists, PMI & PVMI</i> |
| Wed., March 11, - 6pm | <u>MARCH</u> The Ill's of Sitting | Dr. Andy Nelson, DC <i>Health Source</i> |
| Thursday, April 23 rd – 6pm | <u>APRIL</u> MELT 30 sec Facial and Skin Health | Kathy DeFreitas Yoga Certified Instructor |
| Tuesday, May 19 th – 6 pm | <u>MAY</u> Basic Self Defense Techniques | Dennis Goldsmith, 1 st Degree Black Belt Val McBrady, 1 st Degree Black Belt <i>Ganbare Shotokan of Prescott</i> |
| Wed., June 10 th – 6pm | <u>JUNE</u> Answering The Myths About Solar Energy | John Zeman |
| Thursday, July 16 th – 6pm | <u>JULY</u> Exploring health issues which affect your oral health | Dr. Jason Campbell, DDS <i>Advanced Prosthetics Institute</i> |
| Wed., August 12 th – 6pm | <u>AUGUST</u> Diabetes | Kim Friend and Rita Carey-Rubin |
| Thurs., September 10 th -6pm | <u>SEPTEMBER</u> Cancer Killers | Dr. Julie Schifferli, DC <i>Prescott Valley Chiropractic</i> |
| Tuesday, October 13 th – 6pm | <u>OCTOBER</u> Staying Healthy Through The Holidays | Dr. Andy Nelson, DC <i>Health Source</i> |